

## A Word from the Coach

**Jennifer Glick, Executive Director**



Jeremy's Heroes was created to honor my brother, September 11th hero, Jeremy Glick. Our goal was to celebrate Jeremy's life by teaching our future generations

the lessons we learned from Jeremy. Jeremy was a great athlete so naturally we teach our Jeremy's Heroes kids the importance of sports and fitness. We open doors for our kids by eliminating whatever financial barrier may stand in their way to succeed in sports. We also want our Jeremy's Heroes kids to understand the importance of compassion. Jeremy and the other passengers aboard Flight 93, sacrificed themselves to save countless lives. We teach our JH kids compassion not just through sports, but through required community service.

Now, in our fourth year of existence, Jeremy's Heroes kids are working hard to improve their communities locally and even globally. Not only can our kids relate to the story of Jeremy Glick and the events of September 11th, but they also can see how a fit body relates to a fit mind and spirit. The connection between great acts of selflessness and our kids is strong. How does this happen? Through the dedication of our teachers and coaches who are teaching our children that leadership, teamwork and sportsmanship are rewarding both on and off the field. The concepts of the JH curriculum are not novel, but our approach in teaching these concepts is unique—and it's working!

One need only look at what our JH kids say they dreamed for 2006 to see that our kids, many impoverished, are thinking of others before themselves. Our kids are hoping to end hunger, war and hurricanes. We have covered our JH Holiday Tree, displayed in the Sheraton in Eatontown, NJ, with our JH Kids' Dreams.

Led by an energetic Board of Directors that helps sustain our organization, the JH team continues to grow and allow us to do the work we love. From summer camps to travel clinics, ski teams to wheelchair tennis, physical education programs to after school programs, we are growing. Look for us in your community.

On behalf of the organization and all our JH children, we wish you Happy Holidays. If you are interested in becoming a volunteer, referring a child athlete or program in need of help or making a tax deductible donation, please contact me at: (877) 654-6773 or [jglick@jeremysheroes.org](mailto:jglick@jeremysheroes.org).

Jennifer *jh*

## Memo from the Front Office

**Debbie Green, President**



*"We make a living by what we get,  
we make a life by what we give"*  
—Sir Winston Churchill

Today's headlines talk about the season's "hottest gifts" and measure success based on "Black Friday" or "Cyber Monday". We work hard so we can lavish our loved ones with gifts. We fight the mall crowds, study the latest high tech gadgets, and still have no guarantee that our efforts will be truly appreciated. Wouldn't you love to give a gift this year that would make your heart feel full and be cherished by its recipient? We at Jeremy's Heroes know that the best gift this holiday season is one that brings joy to a child—one that builds confidence, healthy spirits and bodies.

The spirit of the holiday season is alive and well at JH, and we invite you to share in the joy.

There are many simple ways that you can bring sports, character education, and leadership to children who need it most. Fill out the insert card and make a donation, attend our Gala or Golf

Classic, host a fundraising party or sporting event, volunteer to coach or provide tutoring, or organize a sports equipment drive in your community. The possibilities are endless, the results are amazing!

For those of you who have already joined our team, we give you our heartfelt thanks. For those who would like to get involved, we welcome you with open arms. Best wishes to you and your families this holiday season—may it be one that lifts your spirits, fills your heart with gladness, and brings peace and joy to your community!

Best Regards, Debbie *jh*

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**To sponsor our newsletter call: 877-654-6773**

*Jeremy's Heroes, Instant Replay*

## ***JH Unveils After School Sports, Homework Help, and Service Program***



Public School 108, located at 1615 Madison Avenue in Manhattan, has opened its doors to Jeremy's Heroes and our new after school sports and service curriculum for 3rd thru 6th graders. 90 children are taking part in this exciting program. On Tuesdays and Wednesdays, the children receive

homework help and then take part in a multiple sports programs including martial arts, basketball and soccer. Coaches for the sports programming is provided by Kids in the Game. On Thursdays, the children go to their sports programs and then, instead of homework, the children work with the Jeremy's Heroes staff to plan, develop and execute different community service projects throughout the year. They also take part in the Jeremy's Heroes curriculum which focuses on using JH's namesake, Jeremy Glick, as an example of how to be a compassionate, competitive and responsible person.

Because this is our pilot program, Jennifer Glick is

taking an active role in teaching our curriculum and helping the children design and execute their community service projects. Along with P.S. 108 teacher, Jennifer Tegano, the children are working hard to plan a fitness day that will benefit the entire school population. We are extremely excited to have the opportunity to work with P.S. 108. With only a little more than 2 months into the school year, we are already seeing the children bring what they are learning in JH after school, teamwork, leadership and compassion, into their classrooms. We are looking forward to expanding this important program, and with your help we can successfully implement it in even more schools next year! *jh*



## ***Newest JH Kid Shines in San Diego And Achieves National Ranking***

Dylan Levine, a 14 year old wheelchair tennis champion from Paramus, New Jersey, returned from the U.S. Open USTA National Wheelchair Tennis Championships



in October after making it to the quarter finals in the Men's B Singles Section. It was only because of Jeremy's Heroes generous \$2000 grant that Dylan, an accomplished wheelchair athlete, was able to realize his dream of competing in the Nationals.

For Dylan's efforts, he returned with a Waterford Crystal Bowl, a priceless experience, and a commitment to Jeremy's Heroes to mentor and coach younger wheel chair athletes. Dylan teaches his peers that they should not let anything interfere with their athletic dreams. Dylan and his father, Dan Levine, were able to travel to sunny San Diego, California only after an exhaustive search for sponsors to underwrite the enormous costs of competing and traveling to California. With the help of the Jeremy's Heroes' grant, Dylan was able to raise his national ranking to 8th in the country. We are proud to welcome Dylan to our Jeremy's Heroes Team. *jh*

## ***2nd Successful Year for the JH/St. Marks Service Crew***

The 2005-2006 academic year at St. Marks, the Evangelist School, is well underway and Jeremy's Heroes is again funding their physical education program. After an incredibly successful school year last year, culminating in a lively celebration at field day in June, the St. Marks kids are proud that they were involved in monthly community service projects and are even more motivated this year.

Last year, the St. Marks kids were involved in community service projects that will have lasting affects on children right around the corner at Harlem Hospital and half-way around the world in Chad, Africa. St. Marks kids collected children's slippers for their sick neighbors and raised enough money during a penny drive to build a basketball court, supply the equipment and pay for a coach for children in a small village in Chad, Africa.

This year, the children are excited to compete in the gym, and work hard out of the gym to surpass their service projects from last year. An assortment of 5th-8th grade students joined the JH/St. Marks Service Crew to lead the entire school population in different projects. Several new projects include working with Riverbank State Park to clean up their environment and their school and also working with the Pre-K and Kindergarten teachers to set up reading buddies. *jh*



Jeremy's Heroes Article in

**New York City Sporting News** October 2005



"Jeremy Glick's legacy did not die when he perished aboard United Airlines Flight 93 in a plane crash over a remote section of Pennsylvania—it began." ...to read the full article, go to:  
<http://nycsportsnews.com/articles/details.htm?id=389>

***Jeremy's Heroes, Instant Replay***



# A Summer To Remember For Lucky Middle Schoolers

## NYC Soccer Travel Team Learns Teambuilding From Jeremy's Heroes

Jeremy's Heroes sponsored a team of 18 boys from the NY Scores program to attend 7 weeks of summer camp. NY Scores travel team is comprised of boys who have demonstrated superior soccer skills. The team competes with other teams in the 5 NYC boroughs throughout the school year in the Boys, 14 and under, category. The long summer months left the boys with no coaches, equipment, or practices. JH and NY Scores, developed a plan to strengthen team unity while keeping kids off the streets and in a safe and healthy environment.

Thanks to the JH grant, the NY Scores Travel Team attended Riverbank Summer Camp, 5 days a week for 7 weeks. The boys played many sports, went swimming, took day trips and even performed a play at the end of the summer.

In return for their summer camp experience, the boys signed an agreement to help mentor and coach the younger children in the NY Scores program that includes: refereeing games, running line drills, and assisting coaches wherever needed for the entire school year. Both the kids on the travel team and the younger NY Scores kids are reaping the benefits from this agreement. Currently there are 650 kids who participate with NY Scores. *jh*



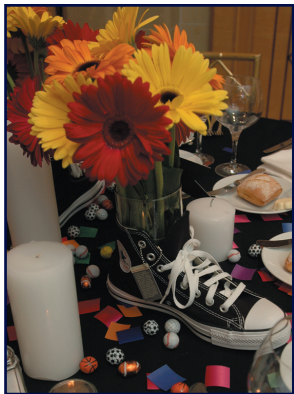
## JH Kids in Washington DC Attend American Soccer Academy

Jeremy's Heroes is proud to have partnered with the American Soccer Academy, to send 15 middle school children to soccer camp for 3 weeks. DC Scores, an after-school soccer and writing program, has repeatedly relied upon Jeremy's Heroes to sponsor selected students to attend summer soccer camp. For the fourth year in a row, JH was able to make this dream a reality—this time extending the opportunity to children in Grades 6-8. Children interested in attending camp participated in an essay contest. The American Soccer Academy campus, located in an economically prosperous suburb of DC, was the scene where our JH kids were bussed in and welcomed with open arms.

JH Kids made new friends and honed their soccer skills, but most importantly they left camp with the tools necessary to become leaders.

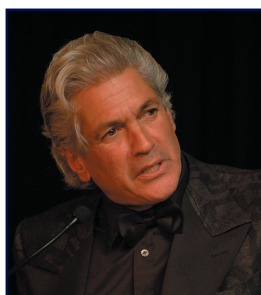
When the DC Scores kids returned to their teams this past September, they fulfilled their service requirement by becoming coaches and holding clinics to showcase their skills and encouraging their teammates to improve their own games. The JH kids' enthusiasm was contagious and we expect an even greater number of essays next year from children with dreams of attending summer soccer camp. *jh*

## Guest Lace 'Em Up For a Night of Games and Glam to Benefit JH



On November 14th, at the Ritz-Carlton New York, 300 guests laced up complimentary Converse Sneakers with their glamorous black tie attire for an evening of fun to benefit Jeremy's Heroes that raised over \$175,000. JH Board Member, Michael Cohen spearheaded the event by putting together an amazing Honorary "Dream Team" including Steve Elkington, Charles Gasparino, Kwame

Jackson, Greg Norman and Rosanna Scotto. We were honored to welcome Master of Ceremonies—Jeremy Schaap, and Citizenship Award Recipient—Rodney Peete. Guests were treated to the stand-up comedy of Greg Giraldo. Event Co-Chairs Beth Green and Emily Kandel, along with Committees led by Board Member Arcola Robinson and Ellen Gursky, put together a seamless event that was elegant and fun. Thanks to all who participated! *jh*



**It's never too early to think about golf!...**



Join us at Royce Brook Golf Club for  
The 5th Annual Golf Classic  
Thursday, June 22, 2006

Sign up by January 31st and save \$250 on a foursome.  
To reserve your spot, call (312) 899-0011 today!

# Jeremy's Heroes Inspires ASF Ski Team to Host a Community Service Weekend



After last year's great partnering experience with Jeremy's Heroes, the Adaptive Sports Foundation Ski team has created a community service project that is proof that our program works.

ASF is a non-profit organization that provides skiing and snowboarding lessons to people with disabilities at Ski Windham in Windham, New York. Last year, JH awarded ASF a grant that enabled their skiers to get new uniforms, lift tickets, and host a Parents Weekend to showcase the skiing and leadership skills they learned over the winter. By participating in the JH program, the children and their families shared an emotional experience that inspired them.

JH will sponsor the Adaptive Sports Foundation (ASF) Ski Team for the 2005-2006 competitive ski season.

The children have decided that for their community service, they would like to give back to organizations that have helped them, like Jeremy's Heroes, by hosting a **Ski-a-Thon on January 22 at Windham Mountain.**

The ASF/JH kids will each pick a charity to donate what they raise at the Ski-a-Thon. It is a chance for the Ski Team to showcase their skills and raise money for many worthwhile causes. Most importantly, it is a way for the children to give back to the many communities that have helped them over time. Jeremy's Heroes is proud to play a role in this wonderful altruistic event. **All are invited to attend.** We hope we see many of our JH teammates at this great event. With JH providing new uniforms, season lift tickets, and NASTAR passes, the ASF Ski Team, will hopefully have a snowy and successful season! Good Luck *jh*



JH & CityParks Free Summer Tennis Program, July & August 2005



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